

FEES AND CONDITIONS FOR THE HERBALIST IMMERSION EXPERIENCE 2019

| | CAMPING | CAMPING ready to camp | TRAILER | DORM (4) | DORM (2) | PRIVATE ROOM | PRIVATE ROOM (couple) |
|-----------------------|---------------------------------|--------------------------------|---------|----------|----------|-----------------|-----------------------------|
| PRICE/pers 1 week | 225 | 250 | 300 | 350 | 400 | 500 | 400 |
| PRICE/pers 2 weeks | 375 | 400 | 500 | 600 | 700 | 900 | 700 |
| Number of places | 3 tents for 2 persons max | 1 tent for 2 persons max | 2 | 4 | 2 | 1 | 2 |

The fees include 3 vegetarian meals (the night meal is prepared by the participants), bedding (except for camping), wifi, access to the pool and bon fire. Pre-registration form <u>here</u>.

GROUPS OF 10 PEOPLE MAXIMUM IN EACH COHORT

DATES : first two weeks of June (2-14), July (30-12), August (4-16), Septembre (1-13) and Octobre (6-18) (cohort of 5 only). ONE-WEEK STAYS CAN ONLY BE ON THE FIRST WEEK unless you have already participated in one VerteSante's immersion experience.

ARRIVAL :

- Sunday between 17 and 18 h;
- A light meal will be served around 19 h and followed by a friendship circle bon fire if weather permits
- WAKE-UP : your presence is required in the garden at 7 h 50
- **CURFEW** : to allow a good rest and replenishing night for all, no noise, wandering around or use of the kitchen after midnight (21 h in the case of the kitchen).

DEPARTURE :

• Friday between 19 and 20 h. A meal will be served around 18 h

FOR 2-WEEK STAYS

It is possible to spend the week-end on site IF you notify us at the time of your registration for an additional fee to be discussed. No meals will be served.



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FOOD :

- It will be impossible for us to arrange for all possible kinds of allergies or intolerances. If you are in that situation, please plan and bring what you will need.
- Meals are delicious, well balanced and filling. They are made of vegetables (wild and from the garden whenever possible), pulses (legumes) and cereals (pastas, rice, couscous, quinoa, whole grain bread...), tofu, eggs, plain cheese and fruits.
- Available beverages will be : milk, plain vegetal milks, filter coffee, black and green teas, herbal teas, all in reasonable amounts.
- We do not provide sweet desert, cookies, cakes or chips, etc. If needed, there will be fruits, peanuts, bread and peanut butter for snacks

GENERAL CONDITIONS FOR HARMONIOUS COHABITATION

There are no maid, servants of "cleaning lady" at Verte Santé. The water comes from an artesian well. For those reasons, in a cooperative spirit, each participant must

- make sure to thoroughly clean and put back in order the tools and spaces he uses, <u>AT ALL TIME</u> (bath room, kitchen, pool, exterior bathroom and shower, workshop and apothecary, terrace, deck and trailer, etc.)
- take care of his belonging at all time and pick-up after oneself making sure nothing is left in the common spaces
- use the exterior bathroom and facilities during daytime (the house is locked during working hours)
- leave cell phone and other appliances in their room during working hours Each participant can :
- (For those who rent in the house) take one 10-min shower a day and one bath a week
- (For the 2-week stays) do one laundry a week; laundry is collective, to a maximum of one machine for 2 persons per week

CAMPING

Participants who will choose one of the camping options or the trailer won't have access to the house. An exterior bathroom, a solar shower and a kitchen (in the trailer and outdoors) are available. They of course will also have access to wifi and the pool.

WORK IN THE APOTHECARY WILL BE CONDITIONAL TO THE RESPECT OF ALL THE HYGIENE, CLEANING AND HARMONIOUS COHABITATION RULES

Pre-registration form here.